

Good Meal Deals

Amanda's Senior Lunch

12.00am - 3.00pm

Monday - Friday (£4.95)

Three Cups OAP Deal

1 course lunch £5.50 incl tea or coffee

2 Courses £6.50 incl tea or coffee

Good neighbour scheme

Jenny Plummer 07557 922028 is the contact for: Easton Grey, Sherston, Sopworth, Luckington, and Hullavington

Ellen Blacker 07743 730796 is the contact for: Crudwell, Charlton, Hankerton, Oaksey, Minety, Lea, Cleverton, Brinkworth, Christian Malford and Dauntsey.

Website

www.communityfirst.org.uk

Useful Numbers

Malmesbury Primary Health Care
Centre 01666 825825

Malmesbury Link

01666 840861

(9.00am – 1.00pm Mon – Fri)

Police 08454087000

Non Emergency 101

Emergency

Fire, Police, Ambulance 999

AgeUK 01380 727767

www.ageuk.org.uk/wiltshire/

Athelstan's Army is a group of volunteers who aim to address social isolation in the elderly in Malmesbury. We are supported by AgeUK. We intend to visit any elderly person who would like a chat for one hour once a week. If you would like to volunteer to join our scheme please contact the number below.

Suggestions to address the needs of the elderly in Malmesbury are always welcome.

Please ring 01666 510490

Athelstan's Army



**Activities for Senior
Citizens in Malmesbury
2013**

Monday

Monday Club Grovers Court

1.00pm-3.00pm (Cost£2.00)

Contact Angelina Jones 01666/
825037

Tuesday

Coffee Morning Grovers Court

10.00am 12.00pm All Welcome

Contact Anna Haggerty 01666
823251

Computer Classes Grovers Court

12.30 pm -

Contact Chris Mahoney

Senior Exercise Class

Activity Zone

Contact 01666822533

Tuesday Club Activity Zone

12.30pm—3.30pm

Contact Bob Turner 01666 823620

Senior Club Sherston

2.00pm British School Room
Sherston

Contact John Benning 01666
840915

Wednesday

Communion Service the Abbey

10.30am—11.30 am the service is
followed by coffee

Wednesday contd

Luncheon Club Town Hall

12.30pm—2.00pm

Contact Helen Churchill 01666
840080

Christian Service Grovers Court

2nd and 4th Wednesday of Month

2.15pm

Thursday

Yoga Grovers Court

10.00am—12.00pm

Contact Hilary Stiles 01249 652353

Senior's Pop in Le flambé

10.30am - 12.00pm

Contact Rev Mandy Churcher

01666 824416

Friday

Fish and Chip Lunch

Grovers Court

Fridays every 4 weeks

Contact Julian Marshall 01666
823541

Athelstan's Army

Town Hall– Tea and Chat

10.00am – 12.00md

Support Groups

Parkinson's Meeting Town Hall

(last Wednesday of month).

3.00pm – 4.00pm

Contact Sylvia Morgan 01666
822501

Osteoporosis Support Group

Grovers Court (last Thurs of month)

Contact Susie Marshall 01666
823541

Mental Health Carers

*Register on website for monthly
programme: www.carersinwilts.co.uk*

10.30am - 12.00pm

Contact Maureen 0800 1814118

Carers 2012 Primary Care Centre

(first Thursday of month)

Contact Julie Frayling 01666 825825